

# *Success Story: Mattie W.*



Ms. Mattie W. was admitted to Lexington Place Nursing and Rehabilitation following a hospital stay here in Nacogdoches. Upon admission, she was evaluated for occupational and physical therapy secondary to a decline in ADL/IDALs and functional mobility.

Prior to her participation in therapy, Ms. Mattie W. had poor standing tolerance, shortness of breath, gait instability, fair ADL participation, and fair lower extremity strength. **After receiving therapy from Lexington Place, she was modified independent in her ADLs, she was able to walk 65 feet with good standing tolerance, had improved upper and lower body strength, and was successfully discharged home!**



*Lexington Place  
Nursing &  
Rehabilitation  
Center of  
Nacogdoches*

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Nacogdoches, TX 75964-3847

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[www.LexingtonPlaceNacogdoches.com](http://www.LexingtonPlaceNacogdoches.com)



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*Be successful  
like Ms. Mattie W!*

Schedule a tour or start  
the process today at  
Lexington Place Nursing  
& Rehabilitation Center  
of Nacogdoches by  
calling **936.564.1138**.



**66.7%**  
**Made Improvements  
in Function**

*Compared to 57.9% state average*

*\*Source: CMS 2017*